



MOST Effective Practices Guide

PURPOSE OF THIS Presentation

- ▶ This presentation is intended to provide the background on MOST's quality improvement work.
- ▶ View the presentation while looking through the MOST Effective Out-of-School Time Practices Guide

MOST Collaborative

- ▶ Collaborative began in 2013 with City, MMUSD, County and OST Providers
- ▶ Over 50 OST providers involved
- ▶ Data and Quality Improvement have been goals from the beginning
- ▶ Over 18 months of work produced a hands-on guide to build research-based best practices throughout OST organizations

Purpose of the Guide

- ▶ Provide INSPIRATION for today and ASPIRATIONS for tomorrow
- ▶ Something for everyone to strengthen programs
- ▶ A common language for OST providers
- ▶ Support for Continuous Improvement Process (CPI)
- ▶ Proven, research-based ideas and practices

The Development Process

- ▶ OST Community came together to define what makes our programs great
- ▶ Diverse group of organizations worked together in the creation of the guide.
- ▶ It has been an iterative process and there will be modifications in the future

Common Language

- ▶ The guide includes agreed-upon definitions for words commonly used in OST programs.

What the Guide is and isn't

- ▶ The guide and the building blocks are NOT intended to become another system of sanctions and rewards.
- ▶ They ARE intended to help us build research-based best practices into every step.
- ▶ It is about reflection and support to quality
- ▶ This is the foundation for Madison OST programs.
- ▶ Creates a common language among providers.

HOW TO USE THIS GUIDE

- ▶ Don't simply jump to the building blocks
- ▶ Read the entire guide
- ▶ Understand the intent of MOST
- ▶ Designed with questions to spark conversations

BUILDING BLOCKS

- ▶ Basic building blocks originated from MN OST model
- ▶ Input from coalition was provided at multiple points as building blocks were refined
- ▶ Feedback from Coalition members led to a building block about racial and cultural inclusion.



We BELIEVE

- ▶ Created by researching national afterschool standards and OST system best practices
- ▶ Re-defined to reflect Madison's values and beliefs
- ▶ These statements serve as the foundation for the MOST effective practices building blocks.
- ▶ This work was informed by youth, parents and care givers and the community

Continuous Program Improvement Cycle



MOST CPI Cycle

- ▶ There are other models for continuous improvement
- ▶ MOST chose this one
- ▶ Quality isn't something to achieve, it is learning and practice.
- ▶ Everyone will come to it at different points, and will engage as they can.



- ▶ Identify strategies and activities to meet program goals
- ▶ Identify measurement benchmarks and tools
- ▶ Determine the resource needed to support the plan



- ▶ Implement the plan
- ▶ Collect data that aligns with your benchmarks
- ▶ Invite feedback throughout implementation



- ▶ Compare what is happening against your plan
- ▶ Analyze and interpret data against plan
- ▶ Take time to reflect and celebrate success



- ▶ Identify causes of what is/isn't working
- ▶ Identify trainings/professional development and supports
- ▶ Make an improvement **plan** > **do** (implement changes) and so on...

Throughout The Process

- ▶ Review Research and Resources
- ▶ Evaluate each Building Block
- ▶ Provide Professional Development
- ▶ Educate external stakeholders about program and progress

Apply



- ▶ How could you introduce this guide within your program? Who needs to be engaged?
- ▶ What supports would you (and your program) need to use the Building Effective Practice Guide?

MOST THANKS YOU!

- ▶ Thank you for our commitment to continually improving the quality of OST programs in the Madison area.
- ▶ Any questions contact Nathan Beck, MOST Coordinator at 608-261-9282 or nbeck@cityofmadison.com